Inter Care Annual Report 2007



Consultation and treatment of seriously ill baby at Ndop Health Centre, North-West Province Cameroon, West Africa. Sr Pat Story (far left) is Chairman of Trustees and an experienced nurse. She is noticing with dismay the lack of surgical gloves to protect patient and doctor. Inter Care supplies the tubing and syringes, the injectable drugs for babies and also supplies gloves, when the finances allow. They are expensive to ship because of their weight, and doctors use many pairs every day to prevent passing on of infection.

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To relieve poverty, disability, sickness & suffering by providing access to medical care, treatment and information

Meeting our mission for over 30 years...

Achieving our mission is directed by our overseas partner health centres who help guide the activities we undertake and ensure we deliver medical supplies, treatments and medical services that meet their real needs and demands.

- Our activities encompass the sourcing, collecting, screening and recycling of pharmaceuticals, medical supplies, literature, apparatus and equipment via links with the UK medical community.
- Additionally, development projects are supported which maximise the benefit of medical access as applied to real life in the countries of operation, by means of education, information, community support, advocacy and networking, aiming to improve poor people's lives in direct and indirect ways.
- We collect medically-relevant data in the health centres in which we operate, aiming to further knowledge-sharing, synergy and co-operation between sister organisations from developed countries with similar objectives to ourselves.
- We are experts in the safe provision of requested, relevant and appropriate medical supplies to remote, rural parts of sub-Saharan Africa and operate comprehensive 'soup-tonuts' logistical and audited tracking systems which are also cost-efficient.
- Over 30 years we have developed a pan-Anglo-African network of local faith-based organisations and key individuals within them, through which all our activities are channelled
- We are aware of the impact our activities are having on improving healthcare in the developing world. Inter Care's activities anticipated by decades many of the Millennium Development Goals, set in 2002, either directly or indirectly by means of improving health.

The Millennium development goals

- 1. eradicate extreme poverty and hunger
- 2. achieve universal primary education
- 3. promote gender equality and empower women
- 4. reduce child mortality
- 5. improve maternal health
- 6. combat HIV/AIDS, malaria and other diseases
- 7. ensure environmental sustainability
- 8. develop a global partnership for development



Message from the CHAIR OF THE COUNCIL OF MANAGEMENT

This year has been a time of recovery and re-building after the traumatic events of last year. In many ways this has been a re birth for Inter Care. built on the strong foundations passed down to us since it's inception in 1974. Margaret Macdonald will give you the detailed report from her position of Chief Executive Officer and it remains for me me as your chairperson to assure you that after a lot of hard work from each member of the Team: the volunteers, the staff and the Trustees we feel very optimistic about the progress made this year and for the future of Inter Care.



At this point I would like to welcome Sarah Phoenix our new Marketing and P.R.Manager who joined the staff of Inter Care earlier this year. We are really pleased to welcome you on board Sarah, and are already seeing the benefits of your presence. I would also like to welcome our new volunteers. Jean Widdowson who is a qualified pharmacist and indeed a great addition to our ever widening group of volunteers. Pallavi Patel who despite being at university managed to give us some of her valuable time in the front office. Helen Lewis and Teresa Daniels who have joined us in the ever increasing work of sorting the medicines etc. Tina Belderbos and John Chisnall who both seem to enjoy volunteering their services wherever the need. A big thanks to you all and the whole body of volunteers for their unfailing loyalty especially through the difficult times.

Great efforts have been made to re-establish the parcel deliveries to our clinics and we are almost back on track with our consignments. A tremendous amount of work has been done behind the scenes and a special word of thanks and praise must be given to Margaret, Carol, Sarah & Mel – backed by our volunteers. Margaret and I are recently back from her first Inter Care trip to Africa and we have had a most successful and productive visit to our clinics in Cameroon.

I would like to take this opportunity of thanking the Trustees for giving me such great support over this last year. We are fortunate in having such a committed body of Trustees with so many different skills which they share so willingly. I am pleased to tell you that Inter Care is well on track again and we are more convinced than ever of the value of the work and look forward to growth in helping our health centres in the coming year.

Sister Pat

Sr Pat Story