

intercare **IC+**

MEDICAL AID FOR AFRICA

ANNUAL REPORT
2007-2008



ACTING CHIEF EXECUTIVE'S REPORT

2007/2008 has been a fundamental year of change and real progress for Inter Care

In January 2008, Dr Margaret McDonald, Inter Care CEO, left the organisation for personal reasons. As a member of the Trustee Board, I took over as Acting CEO. In June 2008, following a strategic overview, our Marketing Manager Sarah Phoenix left. In that month, we were pleased to welcome into the new position of Fundraising and Communications Manager, Diane Hardy who joined us from her previous position of Fundraiser for Cerebral Palsy Sport.

In summer 2008 a three year strategy was prepared for the Trustee Board, which I am delighted to report has now been adopted. This strategy commits us to growing the volume of shipments to African clinics by a minimum of 50% over the next three years with proportionate increases in medicines donated and the number of clinics supplied. Central to this strategy is the need to raise more funds and Diane is now applying her energy and experience to this area. 2008/9 will see an increased focus on fundraising through a growing event programme, by cementing relationships with our valuable existing major donors and by identifying new sources of funding.

In February 2008, we were granted a Waste Management Licence by the Environment Agency. We are now the only UK charity of our type with such a licence, a very real source of assurance to both medicine donors and funding providers. Inter Care is wholly committed to the development of a productive relationship with the Environment Agency and to this end, Diane Hardy and our Resources Manager, Carol Austin, have embarked on a one year training programme to become accredited, in-house experts on waste management.

Under Carol's stewardship, and with the help of Mel Woodier, donated medicine volumes and shipments to clinics have now been restored to the levels at which we operated before problems in 2006/7. During the last year, we received approximately 7000kgs of returned patient medicines, of that 6600kgs were high quality usable drugs. Communication with the clinics has now greatly improved and medicine requirements are more precisely tailored to meet the individual needs of the rural clinics.

Inter Care continues to be involved in the management of Project Hope in Nkokonjeru, Uganda. This project is outside our normal scope of activities in that it embraces a wide range of care programmes, educational initiatives and income generation activities for HIV Aids sufferers and their families in the stricken areas near Lake Victoria. Carol Austin and I visited Nkokonjeru in October 2007 and witnessed at first hand the vital work undertaken, funded by the Elton John Aids Foundation. Also in October 2008, Sister Pat Story had a highly successful visit to a number of clinics in Cameroon, reviewing old friendships and building new ones.

Inter Care remains committed to all avenues of influence on reducing the amounts of valuable, in date, unused NHS medicines which are returned and destroyed each year. In 2007 a National Audit Office report valued these at £120 million. We are actively involved with the Drug Donations Working Party which has been established by the Royal Pharmaceutical Society and fervently hope we can bring some weight to bear in this critically important area.

Marketing and communications are now being examined in detail. 2008/9 will see significant improvements in our website presentation and in all aspects of our promotional output. We view these developments as being critical to generating the additional funding necessary to deliver our ambitious growth strategy.

Inter Care is in great heart for the challenges ahead. Management is working closely with the Trustee Board in pursuit of our strategy; funding ideas are being progressed in increasing numbers; above all, our dedicated staff, marvellous volunteers and generous donors continue to give their efforts so wholeheartedly. It has been a privilege to lead the organisation this past year.

Alan Mellor
Acting CEO
October 2008



CHAIRMAN'S REPORT

This has been another eventful year for Inter Care with a great deal of progress too I am pleased to say. Inter Care is continuing to carry out it's work in helping the African sisters in their work with the poorest rural clinics and hospitals. This is especially wonderful as we now have our Waste Management Licence...we are the only Charity to be licensed to recycle returned drugs. Alan will explain this in his report.

Margaret MacDonald had to leave us for personal reasons and we wish her well. I would like to thank Mr Alan Mellor our Vice-Chair who took up the position of Acting CEO in January. We are most grateful to him for this and he will share with you in his report the changes I have referred to earlier. In June we welcomed Diane Hardy on board as our Communications and Fundraising Manager. Lynette Royle joined us earlier in the year and has played a major role working with us in our approach to the Pharmaceutical Society and our website. Lynette has given generously of her time and expertise working with Diane and us all on a voluntary basis. Lynette and Penny Rigby visited Tanzania, Zambia and Malawi last year and brought back invaluable information and photos for us and a word a thanks is long overdue. A special word of thanks to Carol Austin our Resource Manager and Mel Woodier our Dispatch Manager for their continued loyalty and hard work. The team work between the Staff and Volunteers with the Trustee Body has been outstanding. We welcome the return of Mrs Margaret Greiff M.B.E. as a volunteer and thank her for her invaluable input into the substance of our new website. We also welcome her along with Amir Khan the Commonwealth Boxing Champion to our list of Patrons of Inter Care and thank them for their support.

I also warmly welcome our brand new Volunteers Christine Dladia, Jean McLaughlin, Madeleine Kitching and Sandra Hawthorne. Colin Austin has been a Volunteer for some years working in the background.. we now welcome him officially. Thanks Colin for all the many contributions.

Where would we be without the Volunteers.. thank you all so very much for your tremendous work; it is so important and valued.

I also extend a special thank you to Mr Alex Purdie Manager of Kia Motors Bolton for his tremendous support for one of our Clinics in Cameroon over 2008/9 and for introducing us to Amir Khan.

It remains for me to thank my fellow Trustees for the support given to Inter Care and to myself in particular. Mrs Pam Bradshaw our Pharmacist and Trustee has been unwell during these past few months but despite this has been at the helm almost without interruption. Thank you all so very much.

Sister Patricia Story C.P. CHAIR OF INTERCARE.
November 8th 2008



PATRONS

During the last year Amir Khan and Mrs Margaret Greiff MBE have agreed to become patrons of Inter Care, joining the Rt Rev Malcolm McMahon OP, Bishop of Nottingham who has been Inter Care's patron for many years.

Amir Khan, a successful young boxer who won a gold medal in the 2004 Olympics became involved with Inter Care in September of 2008 and has promoted us on his web site and in his newsletters.

Mrs Greiff worked as administrator of Inter Care for over 20 years until her retirement in August 2005. "Congratulations on your MBE"

Amir Khan Sparring at the launch of the Kia Ceed car in Bolton



Mrs Greiff and her family at her investiture at Buckingham Palace.

**INTER CARE LIMITED
CHARITY INCOME AND EXPENDITURE ACCOUNT**

FOR THE YEAR ENDED 31 AUGUST 2008

	2008 £	2007 £
INCOME		
Medical supplies donations received	254,651	97,775
Donations received from trusts	26,000	47,000
General donations received	40,145	46,160
Grants received	59,997	83,629
Interest	3,934	2,928
Gifts in kind	5,950	5,950
Online filing incentive	100	400
Total income	<u>390,777</u>	<u>283,842</u>
EXPENDITURE		
Free medical supplies sent to Africa:		
Donated supplies by third parties	254,651	97,775
Purchase of medicines & materials by Inter Care	32,152	20,196
Grants and other project costs	5,471	13,967
Parcel post and carriage	21,671	20,740
Waste disposal	1,585	1,412
Salaries and wages	51,306	43,586
Travel	5,926	1,493
Rent and rates	15,569	15,537
Water, light and heat	2,657	3,323
Telephone	2,073	1,368
Stationery, office postage, courses & sundry	5,502	3,522
Repairs and maintenance	1,290	2,148
Insurance	713	1,067
Depreciation:		
Office equipment	1,288	915
Furniture	67	67
Promotional expenses	1,213	979
Governance costs:		
Audit and accountancy	1,600	1,525
Bookkeeping and payroll processing	880	1,898
Legal and professional	-	9,411
Expenditure subtotal	<u>405,614</u>	<u>240,929</u>
Net movement in funds - (deficit)/surplus	<u>(14,837)</u>	<u>42,913</u>

Project update

In October 2008 Sister Patricia and Dr Macdonald visited Cameroon and were taken to Ste Therese Health Centre at Douala. This health Centre was run by Sister Stella who Inter Care have known for some years. It was agreed that Inter Care should take on the project and the necessary details were obtained.

On her return to the U K Sister Patricia was in contact with Mr Alex Purdie of KIA motors Bolton who agreed to support this new unit and Inter Care was invited to be present at the launch of the Ceed car in February.

With the support of Kia Bolton Inter Care has now sent out 2 consignments of medicines to Ste Sante Therese and in October 2008 Mr and Mrs Purdie and Sister Patricia will be revisiting the unit as part of a wider trip to Cameroon



Staff at Ste Therese's Health Centre Douala

Donors

Medicines

As always, Inter Care can only function through the goodwill and generosity of those doctors and volunteers who ensure that medicines reach us in Syston from the many General Practices across the country. It would be impossible to mention all of you individually, suffice it to say that we are grateful to all of the 350 practices who now regularly send their medicines to us.

Money

If we are to be able to get the donated medicines to the clinics in Africa we need funding and we are most grateful to all of those who have worked to raise funds for us, in sponsored runs, walk cycles, with parties and with regular standing order donations.

We also were lucky to secure grants from several Trusts and we gratefully acknowledge :

The Alchemy Foundation

The Crag House Trust

The Dromintee Trust,

The John Ellerman Foundation,

The Elton John AIDS Foundation,

The Fulmer Trust

The Alfred Haines Trust

The Herbert Trust

KIA Motors Bolton

Meeting Industry Meeting Needs

Merstham Aid Project

The Paget Trust

The Mrs L D Rope Third Charitable Trust

St Marks Overseas Aid Trust (SMOAT)

St Martin de Porres Foundation

and all of those who have asked to remain anonymous.

Time

Without the loyal support of its volunteers Inter Care would not be able to carry on and we are very grateful to them all for the time that they give .

Thank you all

Patrons Rt Rev Malcolm McMahan,O.P.
 Amir Khan
 Mrs Margaret Greiff MBE

Trustees Sister P Story CP (Chairman)
 Dr A Jarvis (Medical Director)
 Mr R Bailey
 Mrs P Bradshaw
 Mr A Mellor
 Mrs V Webber

Staff
 Mrs Margaret Macdonald CEO (Resigned Jan 2008)
 Mrs Carol Austin (Resource Manager)
 Miss Sarah Phoenix (Marketing and PR Manager
 (Resigned May 2008)
 Mr Mel Woodier (Packer)
 Mrs Diane Hardy (Fundraising and Communication
 Manager) appointed June1st 2008

Volunteers

Mr Colin Austin	Mrs Anne Hughes
Mrs Tina Belderbos	Mrs Jo Jarvis
Mrs Ann Bing	Mrs Jan King
Mrs Diane Bird	Ms Helen Lewis
Mr Mike Bird	Dr Patrick O'Callaghan
Mr John Chisnell	Miss Gilleean Russell
Mrs Anna Devitt	Mr Malcolm Simpson
Mrs Jane Friendship	Mr Tony Tresedor
Mrs Kathy Green	Mrs Ruth Tresedor
Mrs Margaret Greiff	Mrs Jean Widdowson
Mrs Sandra Hawthorne	



Hon Consultant on AIDS Dr Vincent Riley
 Hon Consultant on Medicines in Africa: Dr T Wiggins
 Hon Consultant on Pharmacy in Africa: Dr K Muko

Last year Inter Care despatched 6500kgs of free medicines to 103 rural health centres, hospitals and dispensaries in Africa

Each of the units supported by Inter Care received 2 consignments during the year

The Units supported by Inter Care include:

- 23 Hospital
- 58 Health centres
- 5 Infirmaries
- 2 Schools for the blind
- 4 Prisons
- 2 Centres for the disabled
- 1 Diabetic clinic
- 8 Dispensaries

All of the hospitals and many of the health centres have dependent outpost and mobile clinics. Inter Care supplies are shared among these as the need dictates.