



Carol Austin (Resources Manager) and Diane Hardy (General Manager) in Malawi, September 2009



David Austin (Volunteer) on a visit to Sierra Leone in February 2010



Alan Mellor (Chairman) and Sister Pat Story (Trustee) visiting Cameroon in February 2010

# ANNUAL REPORT

2009-10



# Message from the Chair of Inter Care

**2009-2010 has been, for Inter Care, a remarkable year and it falls to me briefly to try to summarise the major element of our progress.**

In tangible, measurable terms Inter Care has progressed very substantially.

We have greatly increased the number, weight and value of parcels sent to our African beneficiaries, we have also increased the number of those beneficiaries. We have seen an considerable increase in the numbers of organisations donating their medicines to Inter Care, this is as a result of well organised, imaginative marketing activity.

We have maintained Inter Care's income in an increasingly difficult and challenging economic environment.

We have added to our volunteer numbers, so crucial to our ambitious expansion plans and we have made four visits to African clinics (Malawi, Tanzania, Cameroon and Sierra Leone) further cementing our fundamental philosophy of personal relationships with our valued beneficiaries.

In less measurable terms, from the perspective of the Trustees 2009-10 has been a truly remarkable year. Inter Care's confidence, energy, commitment and professionalism has surged ahead. We are fortunate to have such talented management and volunteers. We are deeply grateful for the generosity of both our medicine and financial donors.

On a personal note I would like to thank the Trustees for their wisdom and unfailing support.

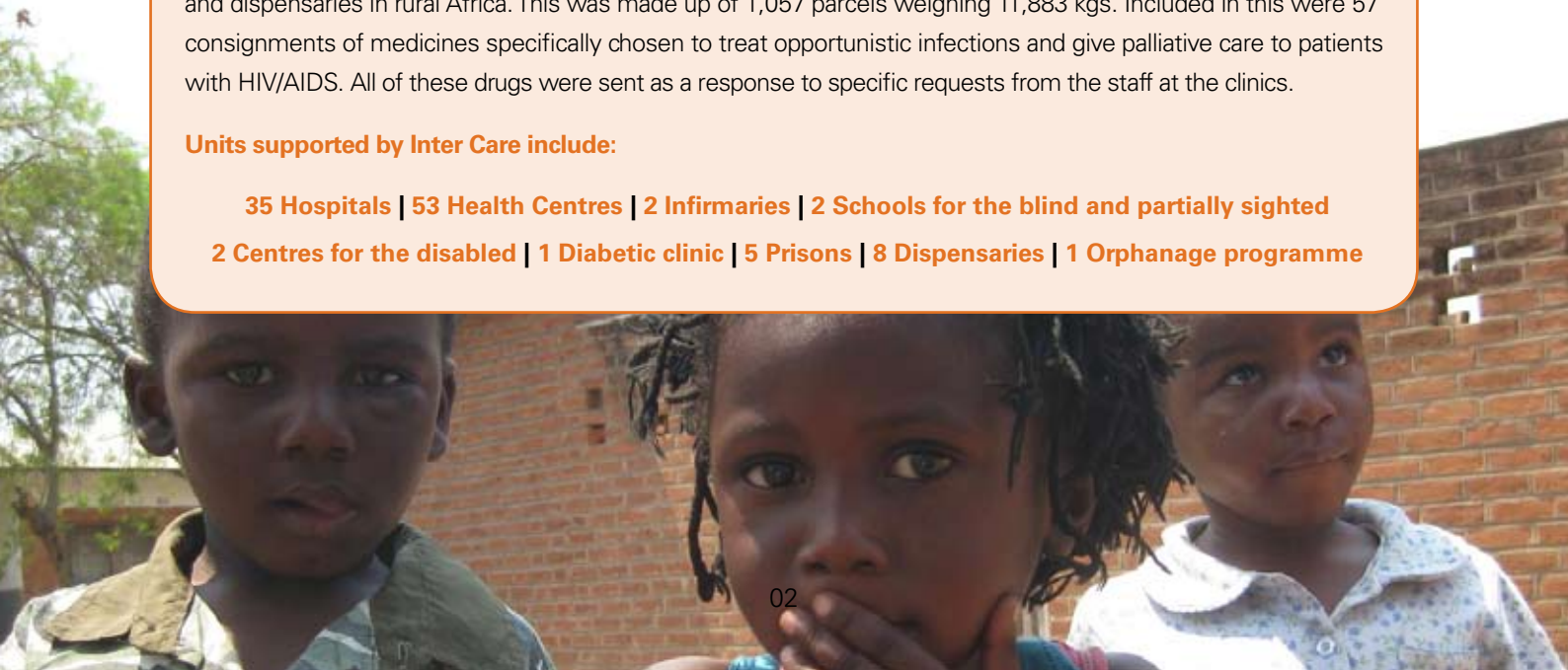
2010-2011 will undoubtedly bring us even tougher challenges, however, I have no doubt in the ability of the Inter Care team to continue to make dramatic progress.

**Alan Mellor, Chair of the Board of Trustees**

**During 2009-2010 Inter Care** dispatched over £413,785 worth of basic medicines to 109 health centres, hospitals and dispensaries in rural Africa. This was made up of 1,057 parcels weighing 11,883 kgs. Included in this were 57 consignments of medicines specifically chosen to treat opportunistic infections and give palliative care to patients with HIV/AIDS. All of these drugs were sent as a response to specific requests from the staff at the clinics.

**Units supported by Inter Care include:**

**35 Hospitals | 53 Health Centres | 2 Infirmaries | 2 Schools for the blind and partially sighted  
2 Centres for the disabled | 1 Diabetic clinic | 5 Prisons | 8 Dispensaries | 1 Orphanage programme**



## Donors

### Medicines

Over the past year Inter Care has received increasing amounts of good quality medicines, from over 750 GP surgeries across the UK. The increasing quality of those medicines is due entirely to the efforts of those who sort them at the surgeries and we cannot thank them enough for the time that they spend on doing this. It would not be possible for Inter Care to continue without the help of these Doctors, Nurses and Practice Managers who donate their time to sorting and dispatching the medicines to us. It is impossible to mention all of you individually but please accept our grateful thanks for your support.

### Volunteers

We cannot overstate the value of the work done at Inter Care by our ever increasing band of loyal volunteers. Without their hard work and commitment Inter Care would not be able to honour its promise to send high quality medicines to the clinics in Africa for as long as they need them.

They have a wide range of skills and are always willing to learn new ones, from manning the phones and keeping the accounts up to date, to sorting medicines and designating.

### Money

If Inter Care is to be able to supply a balanced range of medicines to the clinics in Africa on a regular basis we need funding to buy lost cost generics and also to cover the ever increasing carriage costs. We are very grateful to all of those who have raised funds for us in sponsored events, charity collections and with one off or regular standing order donations.

We were also fortunate to secure grants from several Trusts and we gratefully acknowledge the following:

Bower Trust	Mirianog Trust	Ian Reid Charitable Trust
Fulmer Charitable Trust	John Beckwith Charitable Trust	Alchemy Foundation
Beatrice Laing Trust	Zephyr Charitable Trust	Sycamore Trust
Scotshill Trust	Ashworth Charitable Trust	Alfred Haines Charitable Trust
Merstham Aid Project	Common Grounds	Gibbs Charitable Trust
Eleanor Rathbone Charitable Trust	Gledswood Charitable Trust	Late Mrs Frances Crabtree Charitable Trust
Paget Trust	Cotmore Charitable Trust	Tula Trust Ltd
Miss Bisgood Charitable Trust	Cumber Family Charitable Trust	Ulverscroft Foundation
SMB Charitable Trust	Henhurst Charitable Trust	N Smith Charitable Settlement
Rowan Charitable Trust	Mrs L.D Rope Third Charitable Settlement	St Mary's Charity
St Mark's Overseas Aid Trust	Herbert Charitable Trust	Burdens Charitable Foundation
Jephcott Charitable Trust	Co-op Bank (Community Directplus)	Edwina Mountbatten Trust
Dennis Alan Yardy Charitable Trust	May and Stanley Smith Charitable Trust	Trefoil Trust
Sycamore Trust	Dromintee Trust	And a Trust which wishes to remain anonymous
Hilden Charitable Foundation	Edward Thomas Mowle Charitable Trust	
Anchor Foundation		
Meeting Industry Meeting Needs		

*Thank you all*

**INTER CARE LIMITED**  
**CHARITY INCOME AND EXPENDITURE ACCOUNT**

*FOR THE YEAR ENDED 31 AUGUST 2010*

	<b>2010</b>	<b>2009</b>
	<b>£</b>	<b>£</b>
<b>INCOME</b>		
Medical supplies donations received	387,271	368,417
Grants and donations received from Trusts and similar bodies	132,283	138,119
General donations received	32,384	30,801
Legacy	-	12,780
Interest	372	2,852
Gifts in kind	5,950	5,950
Book sales	2,236	2,726
Events	11,923	5,236
<b>Total income</b>	<b>572,419</b>	<b>566,881</b>
<b>EXPENDITURE</b>		
Free medical supplies sent to Africa:		
Donated supplies by third parties	387,271	368,417
Purchase of medicines and materials by Inter Care	26,510	25,408
Grants and other project costs	-	10,694
Parcel post and carriage - foreign	29,117	29,823
Parcel post and carriage - UK	1,336	-
Environment Agency costs	(3,234)	10,241
(Negative EA cost caused by lower than expected 2009 costs. Final costs lower and impact shows in 2010 figure.)		
Waste disposal	2,109	2,377
Salaries and wages	63,041	47,955
Travel	4,539	7,432
Rent and rates	17,559	17,980
Water, light and heat	3,219	4,009
Telephone and website costs	2,433	6,664
Stationery, office postage, courses and sundry	7,256	7,360
Repairs and maintenance	1,558	812
Insurance	1,952	1,321
Depreciation:	1,445	1,525
Promotional expenses	5,961	4,090
Governance costs:		
Audit and accountancy	1,750	1,700
Payroll processing	810	985
<b>Total expenditure</b>	<b>554,632</b>	<b>548,793</b>
<b>Net movement in funds - surplus</b>	<b>17,787</b>	<b>18,088</b>



## PATRONS

Rt. Rev. Malcolm McMahon, O.P

Mr. Amir Khan

Mrs. Margaret Grieff M.B.E.

## TRUSTEES

Mr. A. Mellor (Chairman)

Sister Patricia Story C.P

Dr. A. Jarvis

Mr. R. Bailey

Mrs. P. Bradshaw

Mrs. V. Webber

Dr. P. O'Callaghan

Mrs. J. Widdowson

## STAFF

Mrs. D Hardy (General Manager)

Mrs. C Austin (Resource Manager)

Mr. W Johnson (Warehouse Assistant)

Miss G Tunnicliffe - appointed March 2010

(Administrator / Fundraiser)

**HON. CONSULTANT ON HIV/AIDS** Dr Vince Riley

## VOLUNTEERS

Mr. John Ambler

Mr. Colin Austin

Mrs. Tina Belderbos

Mrs. Ann Bing

Mrs. Diane Bird

Mr. Mike Bird

Mrs. Pam Bradshaw

Mr. John Chisnall

Mr. Barry Connolly

Mrs. Anna Devitt

Mrs. Jane Friendship

Mrs. Kathy Green

Mrs. Margaret Greiff

Mrs. Sandra Hawthorne

Mr. Euan Holt

Mrs. Anne Hughes

Dr. Tony Jarvis

Mrs. Jo Jarvis

Mrs. Jan King

Ms. Helen Lewis

Mrs. Linda Lord

Mrs. Lusie Manktelow

Dr. Richard Mascari

Mrs. Beryl Massey

Mr. Ralph Moakes

Dr. Patrick O'Callaghan

Mrs S. Paterson

Dr. Vince Riley

Miss. Gilleen Russell

Mr. Malcolm Simpson

Mrs. Ruth Treseder

Mr. Tony Treseder

Mrs. Jean Widdowson

**Inter Care supports clinics in:**

