

# We stand for a better future

By leaving a gift in your will to Inter Care you can be part of creating a world where people do not needlessly suffer due to a lack of medical resources.

With your support we can make a massive difference to the lives of the most vulnerable people in sub-Saharan Africa. We can provide consignments of surplus or donated medical resources to our rural partner health units. We can reduce a significant amount of medical waste by preventing medicines and healthcare goods going to incineration and instead we can redirect them to where the need is greatest.



5 COUNTRIES IN AFRICA



11 MILLION COMBINED CATCHMENT POPULATION



100% DELIVERED



teams that we support, visit:

www.intercare.org.uk/category/news/stories-news/

#### Your gift can save lives. Diane Hardy, Manager of Inter Care explains how...

"By seeing it in person, I realised how much these poor communities need the assistance of Inter Care. We cannot continue to let them needlessly suffer from a lack of medical resources".

You can help to create future successes like these...





Not one glove in sight in the Injection Room at Nzama Health Centre

We take for granted such basic things in the UK. I realised this on my first ever visit in 2009. Upon entering a health centre in a remote village in Malawi, it was clear that the facilities are ran so differently in this part of the world. For instance, when we go to the GP Surgery for an injection – the nurse will always have a set of gloves to wear then dispose of. Not so in the areas we support. I'll always remember this shocking fact; when I asked why a single pair of disposable gloves was hanging on the line, outside the room where they delivered the babies.

I never would have expected their reply, "their one pair of gloves to deliver the babies with and they had just been washed waiting for the next delivery"... No wonder maternal and infant mortality rates are amongst the highest in the world.

At Inter Care, we are fortunate to be able to do what we do:collect surplus health care goods and medicines (donated and purchased), for the two-fold purpose of medical waste reduction and to send regular consignments of vital medical aid to rural health units across sub-Saharan Africa. One box of 100 x disposable gloves average value of £7.99 could safely deliver 50 babies – a small price to pay for life which is so precious.



Handing over medical equipment to Sr Francis Okido in 2016 at Kibosho Hospital, Tanzania.

I believe the best way to save lives and alleviate suffering is through the provision of surplus medical resources to rural partner health units in sub-Saharan Africa. By leaving a gift in your will you can enable Inter Care to do that.

Diane Hardy, General Manager

To learn more about the experiences Inter Care had in sub-Saharan Africa, visit:

www.intercare.org.uk/who-we-support/

# TRANSPORTING MEDICAL AID IN THE MOST EFFICIENT WAY

Since summer 2019, we have been using 20ft shipping containers to send health care goods to our rural health partners in Africa. This method enables us to send large amounts to multiple health units at one time. Gift in wills can ensure projects like this can continue in the future.



# FINDING NEW WAYS TO SUPPORT OUR PARTNERS IN AFRICA

When we visited Malawi in 2019, we witnessed the challenges our partners are facing. The country has just 350 clinical doctors to treat a population of 18 million. Even the largest hospitals are woefully lacking the basic equipment needed to treat the most serious cases so, we now ensure our containers are filled with medical devices as well as health care goods. This is just one example of how, by visiting the countries that we support, we improve our understanding of exactly where our help is needed. We then act quickly to deliver medical aid directly.







"We assure you that these supplies will be used well for the good of the patients. You are a true partner." (20ft Shipping Container July 2019)

- Dr Patrick Turay, Holy Spirit Hospital, Sierra Leone

See the full story on our first container on the next page...

FROM 1974 - 2020 WE HAVE SENT MEDICAL AID WORTH OVER A MASSIVE £16,400,000. WE WILL CONTINUE TO STOP VITAL MEDICAL RESOURCES FROM BEING DESTROYED AND ENSURE THAT THEY ARE USED FOR GOOD.

# Your gift ensures our partners can diagnose and treat correctly

#### Jezman explains the challenges around funds

St Joseph's Hospital is a mission hospital, so we don't generate a lot of funds, so we depend on donations. When we receive products like these (from Inter Care) we can give them to patients for free.

#### How Inter Care helps us...

this amoxicillin, that is a very good product, even It is expensive to get a product like this one. I would like to say thank you for the gifts. It gives us the opportunity to save lives as well. When you send us the products, we do not just keep them, we treat patients, we give them to the needy in our communities.



#### OUR PARTNER FROM SIERRA LEONE IS ONE PARTNER OF MANY WHO RECEIVES GIFTED DONATIONS FROM INTER CARE



Dr Patrick Turay with his gifted PC-900 Pro Vital Signs Monitor and Stethoscope

#### Dr Patrick Turay visits the team at Inter Care...

Dr Turay visited Inter Care on 25th July 2019. We showed him how we run our warehouse. Then we asked how we could support him in his management of Holy Spirit Hospital.

#### How we have supported Holy Spirit Hospital...

Holy Spirit Hospital was the first of Inter Care's partners to receive a 20ft container of medical supplies. The container was sent just before Dr Turay's visit and held a whopping £102,505 of surplus medical aid including large items of equipment such as wheelchairs, and supplies such as Personal Protective Equipment and uniforms.

Interviews taken place in 2019

# **Zola's Story**



Zola | Mother Children | Four Zola's symptoms | Major burns Place visited | Bukwali Dispensary Country | Tanzania

#### An earthquake hits Tanzania...

Just three miles from the Ugandan border, a small village called Bukwali was shaken to the ground. Manu people fought for their lives, many more got burnt from the spreading flames.

#### Inter Care step in...

Jezman.

Hospital

Malawi

**Pharmacist** 

St Joseph's

The doctors at Bukwali's Dispensary were in desperate need of medical aid to treat the people's injuries and severe burns.



Inter Care responded by sending specialist "burns dressings" and pain relief medicines.

#### What happened to Zola?.

During all of this, Zola, a single mother of small children, was asleep in her mud hut. A fire broke out! Zola quickly got her children out but, she got severely burnt all over her body.

#### What did Zola do?

In her vulnerable condition 7ola walked the the Dispensary. She was in need of urgent help and the doctor feared she would not survive. However he was able to treat Zola with Inter Care's specialist burns dressings. Dr Burko was so grateful for Inter Care's help.

#### "BY SENDING US THIS **MEDICAL AID, YOU SAVED HER LIFE"**

Dr Burko, February 2017



# Whatever you choose to do, we promise that your gift will make a real difference



#### A CASH SUM

This can be index-linked to safeguard its future value, for example £500 or £5,000. This is also known as a pecuniary legacy.



#### A SHARE OF YOUR ESTATE

This is to be paid after any debts, funeral costs and cash gifts to family and friends are paid. This is also known as a residuary legacy.



#### A PARTICULAR ITEM

You can donate a particular item such as jewellery or property which is used or sold by the charity. This is also known as a specific legacy.

For more information, please call our friendly fundraising team on 0116 269 5925 or email fundraising@intercare.org.uk. Thank you.

Dr John with some outpatients, St Martins Health Centre in Malawi.





### **Contact Us**

Inter Care Ltd, 46 The Half Croft, Syston, Leicestershire LE7 1LD 0116 269 5925 info@intercare.org.uk www.intercare.org.uk

Registered Charity No. 275637 Company No. 1162279



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#### To find out more visit:

www.intercare.org.uk/how-to-help/donate/leave-a-gift-in-your-will/









