



BENEFICIARIES OF INTER CARE'S SUPPORT

Inter Care Annual Review 2020-2021

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A Message from Alan Mellor, Chair of Inter Care's Board of Trustees



A VERY STRONG PERFORMANCE AMID CONTINUING CHALLENGES IN THE YEAR TO AUGUST 2021.



We continued to pursue our successful strategy of shipping Health Care Goods (HCGs), purchasing some medicines and receiving medical donations from pharmaceutical companies and wholesalers. The wholesale value of shipments increased by 45% on last year to £803,706. This was despite the warehouse operating on drastically reduced hours (because of Covid restrictions) for the first half of the year.

At the beginning of the year, we planned to send two sea containers to Sierra Leone and Malawi. Unfortunately (again due to Covid restrictions) the Malawi container was not dispatched until the beginning of the current year (2021/22), demonstrating the achievement in nevertheless increasing overall shipment levels so strongly.

Cash Income at £233,260 was 3% ahead of last year, an outstanding performance against a difficult backdrop. Costs were again tightly controlled; overall expenditure increased by 14% only to £221,059, against a shipment value increase of 45%. Airfreight costs were markedly higher

but their increase in costs was mitigated by reducing the proportion of total consignments being dispatched by air. More "in country" purchasing of medicines in East Africa also contributed significantly to total cost control.

Overall, we generated a surplus for the year of £20,201, boosted by a £50,000 grant from the Cotmore Trust who have subsequently wound up their grant giving. We carried forward reserves of £173,235, comfortably in line with our prudent policy of maintaining minimum reserves of £70,000 to cover a hypothetical wind up of the charity. It is worth noting that taking out the "unexpected" £50,000 donation, considerable progress was made towards our stated aim of reducing reserves by increasing medical outputs to Africa. We plan for this to accelerate next year and our need for financial donations from our generous donors will remain as acute as ever.

There was no significant change in the composition of our staff or in their responsibilities. Phil Riley, Anita Fletcher, Claudia Coxon and Bill Johnson once more demonstrated their loyalty, commitment and professionalism in challenging times. The team was led outstandingly well again by Diane Hardy, demonstrating the ability to drive organisational success while often working remotely.

Our wonderful volunteers, now numbering around forty, again showed great loyalty and flexibility when not always able to attend Inter Care premises to perform normal activities. The Trustee Board was sorry to lose Anthony Herbert in November 2020 and miss his contribution. Otherwise, virtually all trustees took on extra, specific activities to assist Diane and her management team in key environmental, financial, legal and HR areas.

In the current year (2021/22) we again plan to increase substantially the value of consignments. The year has started well and we aim to send two sea containers (delayed Malawi plus Sierra Leone). Air freight will be used for medicines to West Africa only. For East Africa, we plan to raise the value of consignments by purchasing more from Action Medeor, a non profit making NGO, at very attractive prices.

The One Wish Project was launched in 2021 and we plan to extend this over the next two to three years. Having received the £50,000 grant from Cotmore Trust, it was decided to create a new project which would provide each of our health units with additional support by way of giving them "One Wish" of a piece of equipment or other resource that would make a real difference to their work. To date, we have funded five wishes at four hospitals and a Fistula Care Centre in Malawi. The intention is to offer the One Wish Project to all (approximately 100) current health unit partners over the next two years.

Inter Care is proud of its current position, achieved in especially trying times. We are deeply grateful to staff, volunteers, trustees, financial donors and medical donors. We feel confident that given an environment nearer to "normality", we can continue to grow our assistance levels to our wonderful and deserving African partners.

Alan Mellor
Chair of Board of Trustees

Celebrating Inter Care's Achievements



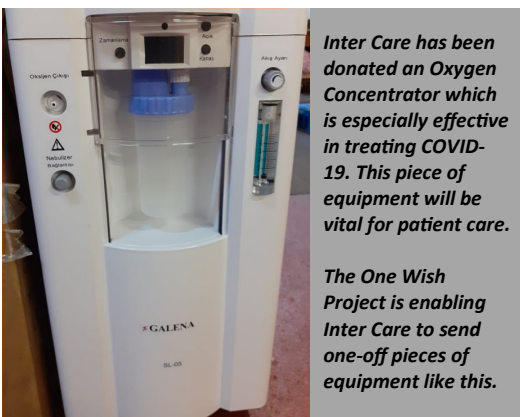
We have increased our output by 45% in the last financial year.

Nearly 20% of this, was the achievement of sending a 20ft container packed full of 100% donated surplus medical supplies worth a massive £150,873 to Sierra Leone during February 2021. 40% of the contents were made up of Personal Protective Equipment to help and support the health care workers of Sierra Leone fight the coronavirus and other infections. The medical supplies were received by Dr Patrick Turay at Holy Spirit Hospital, who then distributed the aid, supporting every one of our partner health units in Sierra Leone: 4 hospitals, 2 health centres and a hospice.



"We assure you that the donated items will help us improve overall care for patients, especially during the COVID-19 pandemic."
Dr Patrick Turay,
Medical Director at Holy Spirit Hospital, Sierra Leone

One Wish Project



Inter Care has been donated an Oxygen Concentrator which is especially effective in treating COVID-19. This piece of equipment will be vital for patient care.

The One Wish Project is enabling Inter Care to send one-off pieces of equipment like this.

When we were gifted a generous donation by a grant maker, the One Wish Project was created. It is designed to "make a difference" to each and every health unit we support by granting "one wish" of a piece of equipment or other resource that would make a real difference to the work of each health unit. Our primary aim remains to collect surplus health care goods and medicines in order to reduce medical waste and send regular consignments of vital medical aid to rural health units across sub-Saharan Africa. The One Wish project will run alongside our usual work, whilst being able to provide a key additional and sustainable resource of their choosing. An example of the type of equipment we can offer is pictured (left).



Consignments to Africa 2020-2021

The partner health units supported by Inter Care vary in size and nature enormously, they include: hospitals, health centres, dispensaries, infirmaries, centres for the orphaned and vulnerable children, a hospice, a fistula centre, a centre for the disabled, prisons etc..

During the year 2020-2021, Inter Care dispatched 86 consignments of vital medical aid, worth £803,706 and weighing 9,097kg, to health units in sub-Saharan Africa.

Total Value of Consignments Dispatched

	<u>2020/21</u>	<u>2019/20</u>
Ghana	£93,240	£170,238
Malawi	£267,117	£253,765
Sierra Leone	£320,675	£96,646
Tanzania	£94,351	£13,080
Zambia	£2,573	£1,173
Special deliveries	£25,749	£18,475
Total	£803,706	£553,377



Donation from Australian Bodycare received in December 2021 and worth over £12,000

Inter Care's Donors



Medicines & Health Care Goods Due to the strong relationships we have with our donors, all have continued donating throughout this past year. We are also grateful to the companies who have come on board with product support and are most grateful to all of the following companies for their generous and valuable donations, and to those who donate but wish to remain anonymous:

Medicines:

Actikid Ltd
Crescent Pharma

International Health Partners (IHP)
Morningside Pharmaceuticals Ltd.

Health Care Goods:

Action Medeor - Germany
Australian Bodycare UK Ltd
Barworth Medical Ltd
CliniSupplies Ltd
Dalen Healthcare
De Montfort University

Envirotec, Sheffield
PAL International
Phoenix Resource Centre
Rotaset Printworks
Tropical Health Technology
Wavin Construction

Financial Supporters

We are very grateful to the huge number of individuals and community groups, e.g. churches, Rotary International, Women's Institute, Inner Wheel, Lions, doctors surgeries and many more, who make our work possible by raising money for us - by making donations to us and by supporting our fundraising events. Thanks are also made to the large number of individuals and companies who donate a wide variety of items - everything from knitted goods and raffle prizes to food and drink at events. All of these contribute enormously to the service that Inter Care provides to its partner health units.

Income From Charitable Trusts

Despite a wide range of effective funding streams that keep Inter Care going each year, income from charitable trusts continues to be of very high importance. 2020 and 2021 has been difficult years due to Covid. It is encouraging to witness, that particularly in these financially challenging times, so many of charitable Trusts and Foundations still recognise the importance of the work we do and, we are very fortunate that they have decided to support us once again. From the list below some have been loyal supporters over many years, and some for well over a decade. This type of continued support enables us to plan more effectively. We wish to thank the following grant making trusts to whom we are, and always will be, extremely grateful:

Alfred Haines CT
Ardwick Trust
Barbara Ward Children's Foundation
Beatrice Laing Trust
Bower Trust
Brian Mercer CT
Broyst Foundation
Bryan Guinness Charitable Trust
Calpe Trust
Catholic Medical Mission Society
Chillag Family Charitable Trust
Cotmore Trust
Cuckoo Hill Trust
Cumber Family CT
David Lister CT
De La Rue CT
Dromintee Trust
Edwina Mountbatten & Leonora Trust
Fulmer Charitable Trust
Gibbs Trust
Gordon Trust
Grace Trust

Jake Memorial CT
Kate Farrer Foundation
Leonard Trust
Makeni Trust Fund
Marsh Christian Trust
Michael and Anna Wix Charitable Trust
MIMN
MPM Charitable Trust
Mrs L. D. Rope's Third CS
Outhwaite CT
Paget Trust
Rest Harrow Trust
RG Hills CT
Rozelle Trust
Souter Charitable Trust
Sycamore Trust
Trefoil Trust
Tula Trust
W A Herbert Trust
WF Southall
Zephyr Charitable Trust
Plus those trusts that wish to remain anonymous



Happnes received vital antibiotics following surgery thanks to Inter Care's financial supporters

**Thank you for
your support!**



Patrons Rt. Rev. Patrick McKinney, Bishop of Nottingham

Mrs Margaret Greiff MBE

Trustees

Mr A Mellor (Chair)
Mrs C Austin (Treasurer)
Mr R Bailey
Dr W D Baugh
Mrs K Garnett
Mr A Herbert (resigned
Nov 2020)
Dr P O'Callaghan
Mrs V Webber
Dr J Widdowson
Dr W D Baugh

Staff

Mrs Diane Hardy, General Manager
Miss Anita Fletcher, Senior Administrator
Mr Bill Johnson, Warehouse Assistant
Mr Phil Riley, Trust Fundraiser
Miss Claudia Coxon, Community and
Events Fundraiser

Responsible Persons

Dr J Widdowson
David Lartey



Children at St Martin de Porres
Orphanage, Tanzania (June 2021)

A big "THANK YOU" to all our volunteers

It is true to say that without the support provided by our volunteers Inter Care would be unable to exist. The sheer volume of work would be impossible to undertake unless we could call on our army of willing volunteers who give their time, their skills and their enthusiasm.

The tasks performed by volunteers are many and varied. They include: collecting health care goods, sorting, checking and shelving medicines and Health Care Goods, creating consignments; fundraising by supporting events, manning stalls selling books and other recycled items; spreading the word by delivering talks to groups; professional support; and not forgetting the staff in the surgeries who collect and check health care goods before they are sent in to us.

We thank all of you. There are too many to mention you all, however those that volunteer on a regular basis by working in the office and the warehouse are listed below.

Carol Austin
Dr Raj Babla
Helena Baron
Dr David Baugh
Ann Bing
Diane Bird
Mike Bird
Alison Briggs
Peter Cantle
Sylvia Cliff
Dr Helen Cox
Dr Bobby Dhillon
Jane Friendship
Kathryn Garnett

Norma Grimes
Maryvonne Hainsworth
Sandra Hawthorne
Peter Hill
Euan Holt
Dr Tony Jarvis
Tracy Jones
David Lartey
Rosemary Leavesley
Helen Lewis
Linda Lord
Lusia Manktelow
Beryl Massey

Diane Newton
Pat Plowman
Vince Riley
Jane Smith
Sally Smith
Annie Taylor
Ruth Treseder
Lesley Trivett
Susan Turner
Jean Villanueva
Jean Widdowson
John Winter
Peter Woods

THANK YOU ALL

Income & Expenditure Account for the year ending 31 August 2021

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Total Funds 2020 £
INCOME AND ENDOWMENTS				
Donations and legacies				
Medical donations	-	803,706	803,706	553,377
Trust donations	121,292	31,846	153,138	126,558
General donations received	71,172	-	71,172	68,904
Legacies	-	-	-	1,165
Gifts in kind	8,000	-	8,000	8,000
	200,464	835,552	1,036,016	758,004
Other trading activities				
Book / Card Sales	891	-	891	575
Events	-	-	-	6,027
	891	-	891	6,602
Investment and other income				
Grants – HMRC JRS Grant	7,661	-	7,661	21,820
Deposit account interest	398	-	398	632
Total incoming resources	209,414	835,552	1,044,966	787,058
EXPENDITURE				
Charitable activities				
Wages	111,557	-	111,557	105,542
Employers National Insurance	6,018	-	6,018	5,215
Pension	2,299	-	2,299	2,167
Rent & rates	18,000	-	18,000	18,000
Insurance	1,938	-	1,938	1,860
Water, light & heat	2,717	-	2,717	2,133
Telephone, IT & website	5,457	-	5,457	5,672
Postage & stationery	2,492	-	2,492	2,558
Repairs & maintenance	995	-	995	1,141
Donated medicines & supplies	-	803,706	803,706	553,377
Purchase of medicines & health care goods	22,339	12,800	35,139	6,313
Shipping UK	1,447	-	1,447	2,022
Shipping Overseas	-	26,125	26,125	34,021
Waste disposal	471	-	471	392
Travel	-	-	-	2,284
License fees	398	-	398	363
Payroll fees	720	-	720	1,020
Accountancy	2,500	-	2,500	1,416
Training	1,955	-	1,955	485
Professional fees	13	-	13	-
Fundraising costs	818	-	818	1,654
Computer equipment	-	-	-	29
Total resources expended	182,134	842,631	1,024,765	747,664
Net income/(expenditure)	27,280	(7,079)	20,201	39,394